

The Ultimate Adventure Through Japan

10-DAY JOURNEY THROUGH JAPAN

Trip Overview

Embark on a 10 day journey through Japan, blending vibrant cities, sacred mountains, and ancient pilgrimage trails. From Tokyo's neon lights to the serene Kumano Kodo, experience the country's rich tapestry of culture, nature, and tradition. Engage in activities like hiking, kayaking, and cycling, while immersing yourself in local customs and hospitality.

Trip Highlights

Kumano Kodo: Walking the Sacred Pathways

The Kumano Kodo is a network of ancient pilgrimage routes that traverse the Kii Peninsula's mountainous terrain. Designated as a UNESCO World Heritage site, these trails have been walked by emperors and ascetics for over a millennium. Trekking these paths offers a profound connection to Japan's spiritual heritage and natural beauty.

Onsen Culture: The Art of Japanese Bathing

Onsens, or natural hot springs, are integral to Japanese culture, offering relaxation and healing. After days of exploration, soaking in an onsen provides rejuvenation for both body and mind. This ritual embodies the Japanese appreciation for nature's therapeutic offerings and communal harmony.

Ryokan Hospitality: Embracing Omotenashi

Staying in a ryokan, a traditional Japanese inn, immerses guests in the country's renowned hospitality, known as omotenashi. From tatami-matted rooms to meticulously prepared kaiseki meals, every detail reflects a deep-seated respect for guests and a commitment to exceptional service.

Temple Stay: Experiencing Monastic Life

Spending a night in a Buddhist temple offers a unique glimpse into monastic traditions. Participate in morning prayers, savor shojin ryori (vegetarian temple cuisine), and find tranquility in the serene surroundings. This experience fosters mindfulness and a deeper understanding of Japan's spiritual practices.

Daily Itinerary & Logistics

Day 1: Welcome to Tokyo – Orientation & Local Flavours

Arrive in Tokyo and meet your guide and fellow adventurers. After settling in, take a short orientation walk before enjoying a traditional welcome dinner. Begin soaking in the energy of the world's most dynamic metropolis, where ancient shrines nestle between neon lights.

Day 2: Discover Tokyo – Urban Exploration & Culture

Spend the day exploring Tokyo's iconic neighborhoods—from the historical temples of Asakusa to the buzzing districts of Shibuya and Harajuku. Learn how Japan blends tradition and technology with elegance and ease.

Day 3: Mt. Fuji Adventures – Kayak & Cycle the Fuji Five Lakes

Travel to the scenic Fuji Five Lakes region and paddle across Lake Yamanakako with Mt. Fuji rising in the background. After lunch, switch gears for a cycle through the countryside, cruising along pine-shaded paths and past rural villages. Wrap up the day with a soak in a lakeside onsen.

Day 4: Kyoto Bound – Temples, Teahouses & Traditions

Take a scenic train ride to Kyoto. Visit iconic sites like Fushimi Inari's vermillion torii gates and the peaceful Zen gardens of Ryoan-ji. In the evening, enjoy a traditional tea ceremony or stroll the lantern-lit lanes of Gion, Kyoto's historic geisha district.

Day 5: Day Trip to Nara – Deer, Buddha & Temple Stay

Venture to Nara to visit Todai-ji Temple and meet the sacred deer of Nara Park. In the afternoon, journey to a Buddhist temple for an overnight shukubo (temple stay). Join the monks for a vegetarian shojin ryori dinner and evening meditation.

Day 6: Begin Kumano Kodo – Enter the Pilgrim's Path

Transfer to the Kii Peninsula and start your trek on the ancient Kumano Kodo trail. Hike through cypress forests and along peaceful mountain paths, stopping at historic oji (shrines). Spend the night in a cozy ryokan, enjoying hot springs and regional cuisine.

Day 7: Hike to Nachi Taisha – Sacred Waterfalls & Mountain Vistas

Continue the pilgrimage route, reaching the majestic Nachi Falls and the striking vermillion pagoda of Seiganto-ji Temple. This is one of Japan's most sacred landscapes—a spiritual and visual highlight. Unwind in an onsen in the nearby mountainside village.

Day 8: Coastal Japan – Seaside Trails & Local Culture

Travel along the southern coast, stopping in charming fishing villages and hiking peaceful coastal trails. Visit traditional markets, meet local artisans, and learn about regional coastal traditions and cuisine. A relaxing day with immersive cultural touches.

Day 9: Return to Tokyo – Reflections & Final Celebrations

Board the bullet train back to Tokyo. Enjoy a final free afternoon to shop, explore, or relax before gathering for a celebratory farewell dinner. Raise a glass to the adventures shared and friendships formed.

Day 10: Departure – Sayonara, Japan

After breakfast, say your goodbyes and transfer to the airport or continue your travels through Japan. Depart feeling refreshed, inspired, and enriched by the landscapes, rituals, and people of Japan.