

# MADERA

TROPICAL FITNESS ADVENTURE

QUICK GUIDE



## **ABOUT THE TRIP**

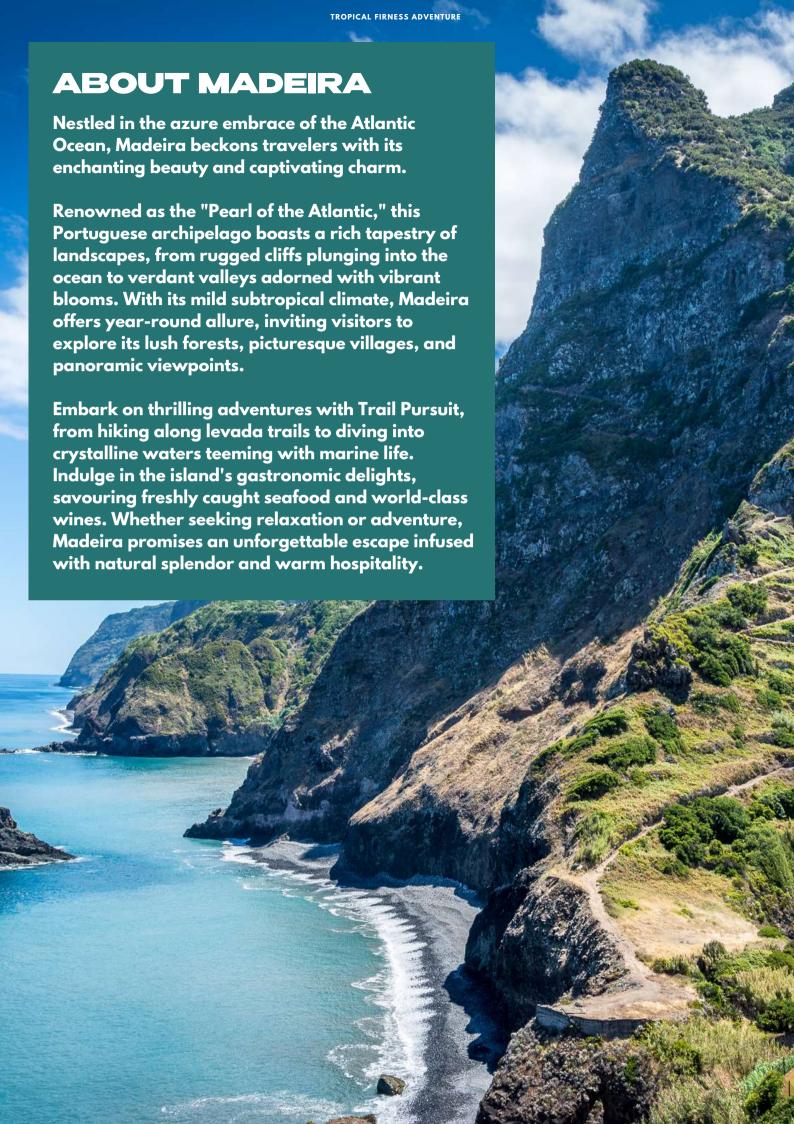
DISCOVER THE ESSENCE OF MADEIRA, PORTUGAL WITH AN ARRAY OF EXCITING ACTIVITIES: CATCH THE SUNRISE ON A HIKE FROM PICO DO ARIEIRO TO PICO RUIVO, EXPERIENCE THE THRILL OF CANYONING IN RIBEIRA DAS CALES, ENCOUNTER DOLPHINS ON A TRIP IN FUNCHAL, AND ENJOY TRAIL RUNNING IN SEIXAL AND POÇO DAS LESMAS.

WHETHER YOU'RE A NOVICE OR SEASONED TRAVELER, THIS UNIQUE ADVENTURE IS DESIGNED FOR ALL. SHARE THE JOURNEY WITH 15 LIKE-MINDED COMPANIONS, FORMING BONDS THAT WILL LAST A LIFETIME AMIDST THE BREATHTAKING LANDSCAPES OF MADEIRA.

DATES: 1-6 OCT 2024 & 1-6 APRIL 2025









We know that when you book a special bucket list trip like this one, you want to know how much the trip is going to cost you, without hidden, last minute costs.

Luckily, our trips are inclusive, and our pricing is transparent. Here's what's included in the trip.

## Ends 19 Apr

Shared room (same sex) £1,099 per person (Normally £1,199)

## Payment Options:

- 1) Payment Plan £150 deposit & spread the balance over 4 monthly instalments.
- 2) Pay a 20% deposit & the balance by 1st August 2024.
- 3) Pay in full

### What's Included:

- **Qualified** guides
- Villa for x5 nights, with pool
- Private transport in Madeira
- Sunrise hike Pico do Arieiro to Pico Ruivo
- 11.5km trail run in Fanal Lauissilva forest, a UNESCO World Heritage site
- Canyoning in Ribeira das Cales
- Dolphin & whale watching on a luxury catamaran
- Relaxing pilates classes & wild swimming
- Meals 5 breakfasts, 2 restaurant lunches, 3 private chef dinners. (all dietary types catered for)
- Pick up & drop off from Madeira Airport
- All planning taken care of for you

### What's not included:

- Flights to & from Madeira
- **Travel Insurance**
- x2 lunches, x2 dinners & alcoholic drinks

Remember, you can pay in monthly instalments to spread the cost of your trip.

If you have any questions regarding pricing feel free to contact us on +44 7748 722282 or hello@trailpursuit.com

## ITINERARY

## **DAY 1: ARRIVAL**

Welcome to Madeira!

You'll be collected from Madeira Airport (FNC) & transferred to our base for the evening in Funchal.

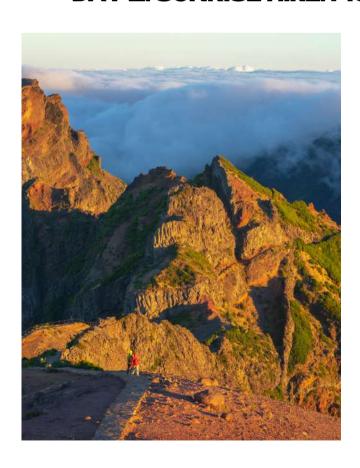
After settling in and meeting your team, get ready for a welcome dinner & drinks with your guides and an intro to the week's itinerary!

Transfer: Madeira Airport (FNC) - Funchal

Dinner: Private Chef
Accommodation: Vila Camacho



## DAY 2: SUNRISE HIKE: PICO DO ARIEIRO TO PICO RUIVO



Our journey begins at Pico do Areeiro, the island's third highest peak, reaching an elevation of 1,818 meters. From the Miradouro do Juncal viewpoint, witness a breathtaking sunrise, casting light on the eastern landscape. Admire Ponta de São Lourenço, Pico Ruivo (the highest peak), and even Porto Santo Island on a clear day. This is undeniably one of Madeira's most stunning sunrise spots.

Prepare for a challenging 10km hike after the sunrise. The route from Pico do Areeiro to Pico Ruivo is renowned for its difficulty and beauty, offering panoramic island vistas, especially from the 1,862-meter summit of Pico Ruivo.

The return route leads to Achada do Teixeira, marking the end of the hike. On your way back to the hotel, take the opportunity to visit the village of Santana, known for its traditional triangular houses with thatched roofs.

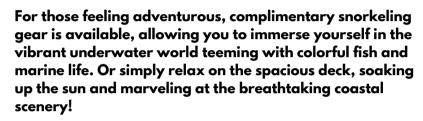
**Activity: Guided hike** 

## **DAY 3: CATAMARAN DOLPHIN TRIP**



Embark on a luxurious catamaran trip along Madeira's South Coast, enjoying local cuisine and French Champagne on arrival. A marine biologist is on hand to provide fascinating insights, and snorkelling gear is available!

As you cruise along the crystal-clear waters, keep your eyes peeled for playful dolphins dancing in the waves and majestic whales breaching the surface. With the help of our onboard hydrophone, you can even listen in on the enchanting songs of these magnificent creatures beneath the waves.



Activity: Dolphin & whale watching trip aboard a private catamaran



## DAY 4: TRAIL RUN + HIKE: SEIXAL AND POÇO DAS LESMAS

Explore the Fanal Laurissilva forest, a UNESCO World Heritage Site, and step into a fairytale world. Twisted ancient trees, often veiled in mist, create an ethereal atmosphere. Several trails wind through this magical place, catering to various fitness levels.

For a more challenging adventure, we'll embark on the Fanal - Cedros Trail, an 11.5km linear journey deeper into the heart of the forest. Nearby there's also the Rabaçal area, known for its stunning waterfalls and levadas. Run-Hike along the Levada do Alecrim, a trail offering panoramic views of the valley and lush Laurissilva forest. This scenic levada walk leads you to the source of the Alecrim stream, where you can soak in the tranquility of nature.

The Lagoa do Vento, a hidden gem located at the end of the Levada do Alecrim trail is one of the recommended spots. This beautiful lagoon, surrounded by lush vegetation and dramatic cliffs, is a perfect spot for a picnic or a refreshing swim.







## DAY 5: CANYONING IN RIBEIRA DAS CALES

Start the day with a sunrise pilates class followed by a delicious breakfast.

Today, you'll experience the thrill of canyoning in Madeira's Ribeira das Cales. Slide over rocks, leap into pools, and scale waterfalls in this exhilarating adventure! Surrounded by pristine nature and crystal-clear waters, uncover a hidden world few explore.

The Ribeira das Cales canyoning trip starts at Chão da Lagoa in Funchal's Ecological Park, around 1500 meters high. It's an 850-meter course with 5 rappels. You'll hike, rappel, swim, and jump in lakes and waterfalls. This beginner-friendly trip is perfect for anyone new to canyoning.

All equipment and insurance is included.

After freshening up we'll head for a farewell dinner & celebrate the week!



## **DAY 6: GOODBYES**

What an adventure with new friends!





## Included:

5 breakfasts, 2 restaurant lunches & 3 private chef dinners. (All dietary types catered for)

## **Lunches:**

The day of the Pico do Areeiro to Pico Ruivo hike, we will have lunch next to the ocean at "Calhau de Sao Jorge" restaurant in Santana.

The run-hike in Fanal, we will lunch at Aqua Nature overlooking the volcanic pools.

## **Evening meals:**

Amidst the rugged beauty of the island enjoy private chefs where your culinary journey unfolds with the expertise of two skilled chef, crafting exquisite meals tailored to fuel your adventures. Each dish is a fusion of local flavours and global influences, reflecting the rich culinary tapestry of Madeira.







## Menu example:

Starter: Shrimp bafs at the door

Main Dish: Secretos/Black pork tenderloins with mediterranean salad and couscous

Desert: Tiramisu Madeira (honey bread)

Vegan

Starter: Guacamole

Main Dish: Vegan chicken with mushrooms, cocnutmilk, seasonal vegetables and sweet potato wedges.

Desert: Vegan fruit ice cream

## **ACCOMMODATION**

## Villa Camacho

Discover comfort and elegance at our coastal villa in vibrant Funchal.

Renovated in 2021, our villa offers comfortable rooms, a refreshing swimming pool, and inviting amenities including a library, massage room, bar, restaurant, and scenic terrace.

Experience the best of Madeira's coastal charm in our welcoming oasis by the sea.





Enjoy three nights of a private chef offering a truly immersive culinary experience.

Engage in conversation with your chef as they share insights into local culinary traditions, ingredients, and cooking techniques, providing you with a deeper understanding and appreciation of the Madeira's gastronomic culture.

Relax in the comfort of our charming villa in Madeira, where each guest will enjoy a twin room (same sex).

Sink into plush bedding and unwind in a space adorned with elegant decor, offering a peaceful haven to recharge after a day of adventure.

Wake up to the gentle breeze and warm sunlight streaming through the windows, ready to start another day of exploration in paradise.



## Travel Information & Advice

## **Fitness Level Required**

Participants are required to be healthy & in good physical shape, managing a mix of activities across 5 days.

Your adventure is completely customisable & you can participate in as many or as few activities as you wish.

## Travel Insurance

For International Trail Pursuit:
Adventures you are required to take
out cover, which most activity
insurance companies will provide,
this needs to include emergency
evacuation and medial care.

Sports Cover Direct offer a comprehensive range of sports travel insurance.

## Note on Itinerary

The itinerary and duration of the activities are subject to change due to group abilities and preferences, weather conditions and forecasts, water levels, special events of interest, etc.

Trail Pursuit guides will do their utmost to ensure the best possible experience for their guests without compromising safety at any time.

This may mean changing the original itinerary to avoid discomfort or risk which could be caused by exceptional situations, and Trail Pursuit reserves the right to alter the itinerary accordingly.

## **Payment Options**

We have 3 options for you to choose:

- 1) Payment Plan £150 deposit & then spread the balance over 4 monthly instalments
  - 1) Pay a 20% deposit & the balance by 1st August 2024.
    - 3) Pay in full

Book with confidence:
- 14 day cooling off period
- If Trail Pursuit have to cancel or
postpone the trip for any reason, you
can either be credited to a future trip
or receive a full refund.

## **KIT LIST**

A full list of what we recommend will be shared with you. We find most people already own the kit for our trips. You can buy or hire these items. Here are the basics:

### BAGGAGE

- Day Rucksack
- Dry bag (Keeping personal items dry near water i.e phone/camera)

## **PERSONAL ITEMS**

- Cash
- Personal toiletries & sun cream
- Sunglasses

## Personal water bottle you will be able to refill)

## **CLOTHING AND SHOES**

- Trail running shoes & run kit
- Good quality waterproof jacket
- Mid layers (fleece jacket or similar)
- Warm clothes for the evening
- Swimsuit and towel
- Trainers, hiking boots & flip flops

## **OPTIONAL EXTRA**

Hiking poles

## TESTIMONALS

## RECENTLY RETURNED FROM MY SECOND TRIP...

Recently returned from my second trip booked with TP, a surf and yoga adventure in Morocco! Had an amazing time, guides and food was excellent, went with a friend who I met on a previous trip, and also made many new friends! Love the community feel these adventures provide. Really looking forward to Trail Pursuit Cornwall this June!!

### **LAUREN EVERET**

## IT WAS MIND BLOWING!

I joined TP on a trip to Norway and can only say it was mind blowing. It was very well organised and we had an amazing guide, David, not only an amazing guide, but amazing chef too. We had 6 days of super fun in the mountains and on the fjords. Ed made sure we were all in good spirits and having a blast...which really helped getting through the long days of hiking and kayaking. I highly recommend Norway to anyone, it's a bucket list must do! Thanks TP for an amazing adventure!

### **ESTELLE ALBERTYN**

## **MAKING MEMORIES IN MOROCCO**

I've just come back from my first trip with Trail Pursuit and what an experience it was! From the organisation to the activities to the people, everything was spot on!! I would like to say a massive thank you to Ed & the team and I can't wait to share an adventure with you again in the not too distant future.

## **HOWARD SUSMAN**

## **MAKING MEMORIES IN MOROCCO**

Second trip abroad with Trail Pursuit & what a week! Croatia is simply stunning. Loved the variety of activities & landscape. Our guides, Vanna & Kiki were fantastic! A truly memorable week, topped off with amazing new friendships made:-)

### **CAROLINE SMITH**

## FAQS AND FURTHER INFORMATION

## **HOW FIT DO I NEED TO BE?**

Guests are required to be healthy and in good physical shape. Your adventure is completely customisable and you can participate in as many or as few activities as you wish!

If you have any concerns about your fitness level, please don't hesitate to contact us to discuss your options and help you choose the right adventure holiday for you. <a href="hello@trailpursuit.com">hello@trailpursuit.com</a> or call +44 7748 722282

## WHICH AIRPORT DO WE FLY INTO?

Our Start & Finish Point for the trip is Madeira
Airport (FNC). Please book your flight separately.
You'll then be transferred to our villa in Funchal.

From hereon all transport in Madeira is provided by Trail Pursuit & you'll be transferred back to the Airport on the final day. You can also arrive earlier / stay longer if you wish!

Madeira Airport is served by direct flights from the UK and other major European airports, with flight times around 4hrs.

UK: Easyjet, British Airways, Ryanair

## CAN I PAY IN FULL OR MONTHLY INSTALMENTS?

Yes, available payment options include:

- 1) Payment Plan £150 deposit & then spread the balance over 4 monthly instalments (most popular)
- 2) Pay a 20% deposit & the balance by 1st August 2024.
- 3) Pay in full

## WHAT IS THE FOOD LIKE?

We cater to all dietary preferences, please let us know your requirements when booking. Our meals are prepared using fresh ingredients, with generous portion sizes. Our diverse menu features options such as chicken breast, smoked salmon, seasonal vegetables, vegan dishes, as well as egg and meat-based choices.

## **CAN YOU JOIN THE ADVENTURE SOLO?**

Yes, absolutely. Our trips are largely made up of guests travelling solo and some with a friend/partner. Typically aged 23-49 years old.

It's a great way to meet like-minded people!

If you wish to discuss any aspect of the adventure, then please contact us on +44 7748 722282 or email hello@trailpursuit.com.

We will be happy to help.

